



# Project S.T.A.R.

## Success Through **A**chieving **R**eintegration

Presented to:  
The Joint Commission of Corrections & Juvenile Justice Oversight

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# Development of Project S.T.A.R.

- ◎ SVORI Grant (Going Home Initiative)
  - › Brought in the YLSCMI
  - › Information sharing
- ◎ Reentry Evaluation
  - › Identify need areas for JCF, community residential facilities, and local communities
  - › Identify gaps in specific reintegration practices throughout the system

# Effective Reentry Practices

- ◉ Preparation for release begins at admission
- ◉ Prepare youth for progressively more responsibility
- ◉ Facilitate youth/community interaction
- ◉ Work with youth and community for adjustment
- ◉ Develop new support systems
- ◉ Monitor the interaction of the youth and community

# Goals of Project S.T.A.R.

- ◉ Reduce recidivism and enhance public safety
- ◉ Increase the quality of programming throughout system
  - › JCF – CRF – Local community
- ◉ Develop programming for families
- ◉ Promote successful reintegration
- ◉ Reduce supervision levels for successful youth
- ◉ Help promote sustainability

# Target Population

- ◉ Males (12 – 22 years)
- ◉ At least 6 months sentence to JCF (3 of which must be served in the JCF) with 6 months aftercare
- ◉ Classified as moderate to high risk
  - > Score of 15 or greater on YLSCMI
- ◉ Return to the pilot community
  - > 10<sup>th</sup> JD
  - > 18<sup>th</sup> JD
  - > 25<sup>th</sup> JD

# Project S.T.A.R. Phases

- ◎ Institutional phase
  - > JCF
  - > Admission to JCF to 90 days before release
- ◎ Transitional phase
  - > CRF
  - > 90 days before release from JCF up to 60 days after release from JCF/CRF
- ◎ Community phase
  - > CRO
  - > End of transitional to end of supervision

# Institutional Phase

- ◉ Reintegration planning begins upon entrance and monitored monthly
  - › Behavior Change Plans
- ◉ Youth receive programming to address needs
- ◉ Development of therapeutic alliance
  - › CRO meets with youth and family

# Transitional Phase

- ◉ Youth continue programming in the JCFs and community
- ◉ Determine the appropriate track
  - › Direct release to home
  - › Release to CRF
  - › Release to independent living
- ◉ Increase contact with youth, family and community
- ◉ Coordinate Reintegration Team
- ◉ Prepare community for youth's return



# Community Reentry Facility (Transitional Phase)

- ◎ A Community Reentry Facility has been developed to assist those youth who require more structure
  - › A YRC-II
  - › Implementing evidence based practices within a residential facility

# Community Phase

- ◉ Youth continue groups in the community
- ◉ Monitoring of behavior
- ◉ Reintegration Teams
- ◉ Working on reintegration plans

# Completion of S.T.A.R.

## ◉ Institutional Phase

- › Good faith effort to complete Behavior Change Plan
- › Reduction in risk as measured by IPBA

## ◉ Transitional Phase

- › Stable behaviors 60 days in the community
  - No technical violations
  - Make progress on reintegration plan
- › Stable home, school, work

# Completion of S.T.A.R.

## ◎ Community Phase

- › Complete the Behavior Change Plan
- › Six months of supervision in the community
- › No new adjudications
- › No technical violations last 3 months
- › No positive tests for substance last 3 months
- › Have a stable living environment
- › Reduction in risk

# Completion of S.T.A.R.

- ◎ Successful completion of Project S.T.A.R.
  - › Complete the Behavior Change Plan
  - › Complete all required programming
  - › Complete all “other” court recommendations
  - › Six months of supervision in the community
  - › No new adjudications
  - › No technical violations
  - › No positive tests for substances
  - › Maintain passing grades and stable behavior at school
  - › Have a stable living environment
  - › Reduction in risk
  - › Met any financial obligations

# Enhancement from S.T.A.R.

- ◎ Training to increase knowledge and skills
  - › Training on “What Works” to reduce recidivism
  - › Training on “Thinking for a Change”
  - › Training on “Aggression Replacement Training”
  - › Training on “Pathways to Self Discovery & Change”
  - › Training on “Motivation for Change”
  - › Training on “Choices, Changes, Challenges”

# Enhancement from S.T.A.R.

- ◎ Implementing evidence based practices at all levels of the continuum
  - > JCF
  - > CRF
  - > Community
- ◎ Increase support from the community once youth has been released
  - > School
  - > CMHC

# Evaluation of Project S.T.A.R.

- ◎ Pilot study
- ◎ Process evaluation
  - › Examine short-term goals
- ◎ Outcome evaluation
  - › Examine long-term goals
- ◎ Cost benefit analysis



